

Registration: Opens 7AM. Closes 20min prior to race.  
Avoid late fees; pre-register on [WWW.PRE-REG.COM](http://WWW.PRE-REG.COM).



**Fees:** See fee table on race schedule.

**\$10 OFF SAME DAY ADDITIONAL RACES.**

\$5 Military Discount. No Unattached Fee.  
\$5 Late Fee after April 15, 2009.

**SC Championships:** Races are open to all riders, but championship medals awarded to SC residents only.

*USA Cycling Permit Pending. Event held rain or shine. Promoter reserves the right to combine fields and prize list. New racers can also buy a license for the event (good all weekend).*

Mailed entries may be sent to:

**Rob Ruff**  
**1192 Willoughby Lane**  
**Mount Pleasant, SC 29466**

Please make checks payable to Low Country Cycling.

**\*\*\*We recommend [www.PRE-REG.com](http://www.PRE-REG.com)\*\*\***

**For more information, contact David Epstein**  
**at [david@southcomp.net](mailto:david@southcomp.net)**



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**RACE WEEKEND**

I'ON

Saturday, April 18th



**Over  
\$7,500.00  
in Cash and  
Prizes!**

**pivotal**  
*Cycling Team*

**CHARLESTON, SC - APRIL 18 & 19, 2009**

**[www.lowcountryvw racing.com](http://www.lowcountryvw racing.com)**

**“HOST HOMES” ARE BACK BY DEMAND!** A tradition at many of the larger professional races in the US is for the teams to get hooked up with a “Host Home” on the day of the race. Well, you may not ride your bike for a living, but you can still relax in style like the pros. E-mail Steve Kwiatkowski at [stevekw@liqqid.com](mailto:stevekw@liqqid.com) with your team name and how many folks are in your posse – he'll hook you up with a host home on/near the racecourse where you can chill, get some refreshments, shower, etc...during the day (SATURDAY ONLY). Deadline is WEDNESDAY – APRIL 15<sup>h</sup> – so get your info to Steve ASAP. There were quite a few teams who did this last year and it was a big hit!

<b>I'ON Village Smackdown</b>					
Saturday, April 18, 2009					
Category	Start	Length	Entry	Prizes	Places
JUNIORS 15-18	8:00	25 min	\$20	Medals	3
JUNIORS 10-14	8:01	25 min	\$20	Medals	3
WOMEN 4	8:35	35 min	\$30	\$200	3
CAT 4/5	9:20	40 min	\$30	Medals	3
MASTERS 4/5	10:10	45 min	\$30	\$500	8
MASTERS 1/2/3	11:05	50 min	\$30	\$700	10
KIDS RACE	12:05	100 yds	FREE	Ribbons	ALL
PRO/1/2	12:25	75 min	\$35	\$1,700	15
CAT 2/3	1:50	55 min	\$30	\$800	10
CAT 3/4	2:55	50 min	\$30	\$500	8
WOMEN OPEN	3:55	50 min	\$30	\$600	5
<b>**SAME DAY ADDITIONAL RACES - \$10.00 OFF!!!</b>					

### COURSE DESCRIPTION:

A scenic, flat yet technical, 1.3-mile circuit in beautiful I'ON Village (located in Mt. Pleasant, just 4 miles from the hear of downtown Charleston). This is the same course as last year, suited for breakaway riders and sprinters alike. After the race, join the official after-race party at O'Brien's Irish Pub in I'On Village! See [www.ionbiznet.com](http://www.ionbiznet.com) for course map and more info on this unique celebration. *Bring the camera, because award ceremonies will feature a podium awards ceremony!*

### DIRECTIONS TO COURSE:

Take Hwy 17 North over the new Ravenel Bridge into Mount Pleasant. Continue straight through two (2) red lights. At the third (3<sup>rd</sup>) red light (South Shelmore Blvd – a CVS Store is on the corner), take a left and continue straight until you come to a round-about on Mathis Ferry Road. At the roundabout, go half-way around and continue straight into I'On Village. You will see signs to the race and parking.

**Registration is at the Start/Finish.**



**TREK**

<b>SC State Criterium Championships @ Hampton Park</b>					
Sunday, April 19, 2009					
Category	Start	Length	Entry	Prizes	Places
JUNIORS 15-18	8:00	25 min	\$20	Medals	3
JUNIORS 10-14	8:01	25 min	\$20	Medals	3
WOMEN 4	8:35	35 min	\$30	\$100	3
CAT 5	9:20	40 min	\$30	Medals	3
MASTERS 35+	10:10	50 min	\$30	\$300	6
*MASTERS 45+	11:10	45 min	\$30	\$300	6
PRO/1/2	12:05	75 min	\$35	\$850	10
CAT 3	1:30	55 min	\$30	\$400	8
WOMEN OPEN	2:35	45 min	\$30	\$300	5
CAT 4	3:30	50 min	\$30	\$250	6
<b>*MASTERS 55+/65+ will run with MASTERS 45+</b>					
<b>**SAME DAY ADDITIONAL RACES - \$10.00 OFF!!!</b>					

### COURSE DESCRIPTION:

This is the same championship course that you loved last year! A perfectly flat, non-technical, safe, fast 1-mile loop with sweeping corners. Perfect for a beginner or a seasoned pro. The course encompasses beautiful Hampton Park, immediately in front of the Citadel (Just 2 miles from historic downtown). Have the kids play in the park while you enjoy some great racing. *Bring the camera, because award ceremonies will feature a podium awards ceremony!*

### DIRECTIONS TO COURSE:

From I-26 East, coming into Charleston:  
 Take the Rutledge Ave exit 219A to The Citadel - go 1.1 mile Turn right at Grove St go 0.3 mile Turn left at 10th Ave - go 0.1 mile  
 From Hwy 17 South (The Cross-town), take a right onto Ashley Avenue heading away from downtown and go all the way until it ends. You will see Hampton Park directly in front of you. Ample parking available all around the park.

**Registration is at the Start/Finish.**